

# November and December 2021

# THE MESSENGER



**The Magazine of**  
**St Michael And All Angels**  
**Episcopal Church, Helensburgh**  
[www.stmichaelhelensburgh.org.uk](http://www.stmichaelhelensburgh.org.uk)

ST MICHAEL AND ALL ANGELS, WILLIAM STREET, HELENSBURGH

Charity Registered in Scotland SC006468

**The United Diocese of Glasgow & Galloway**  
**Bishop: The Rt. Revd Kevin Pearson**

Diocesan Website: [www.scotland.anglican.org/diocese/glasgow](http://www.scotland.anglican.org/diocese/glasgow)

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Sunday Coffee Rota	Margaret Horrell	676936
BRF (Bible Reading Fellowship Notes)	Marion Blake	673960
Mothers' Union Branch Leader	Richard Horrell	676936
USPG	Marion Blake	673960
Hall Convener	Maureen Kyle	672951
Monthly Coffee Morning Rota	Maureen Kyle	672951
Eco Congregation	Margaret Horrell	676936
Hill walking and Rambling Club	Gerry Quickfall	679083
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Ask how to join or help. Perhaps bring new ideas for new activities You will be welcome. Please let the editor know if any changes are needed.

## **From the Rector**

It was an experiment to see whether Choral Evensong on the 1<sup>st</sup> Sunday in the month and Compline on the 3<sup>rd</sup> Sunday in the month, would prove to be popular. Early days but so far, the evidence from numbers is that this has worked well and will be a pattern for the foreseeable future. The exception to the rule will be Advent when we have our two carol services - these will replace Evensong and Compline. Our Advent Carol Service will be on Advent Sunday (28<sup>th</sup> November) and 9 Lessons and Carols on Advent 4 (19<sup>th</sup> December). Hopefully Evensong and Compline will continue to be well supported and that our choir goes from strength to strength.

The service which we haven't yet reintroduced is the early morning Sunday Eucharist (1970 Liturgy). I'm keen to have at least one service per week in the Trinity Chapel - this is where Anna and I celebrated the Eucharist through the Covid lockdown periods. It's a lovely place of sanctuary and prayer and in this instance, where the weekly celebration of the sacrament was maintained. I'd like the early morning Eucharist to return to the chapel and the timing of this is important. March 2022 will be 2 years since we first ceased public worship with Covid and all being well we should then be through the worst of it and be back on some sort of even keel - the intention is to resume on Sunday 6<sup>th</sup> March (Lent 1). Whether we will then be using the common cup again I wouldn't like to say but the congregation might be able to remove facemasks!!

One change that I will introduce is to switch the service time from 8:00am to 8:30am. This may encourage more people to attend and I'm particularly thinking of the winter with rather more

## **MESSENGER**

**November/December 2021**

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### *Jan/Feb 2022 Edition*

Handing in Sunday 12<sup>th</sup> Dec  
Publication Sunday 26<sup>th</sup> Dec

### *Mar/Apr 2022 Edition*

Handing in Sunday 13<sup>th</sup> Feb  
Publication Sunday 27<sup>th</sup> Feb

For an email copy please  
contact the Editor.

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## From the Rector (continued)

light about. So, in Lent 2022 we will resume our early morning Eucharist using the 1970 Liturgy starting at 8:30am.

Anna and I wish you all every blessing for Christmastide - may we have a joyous and safe celebration.

*Dom Ind, Rector*

## Notices

**MONTHLY COFFEE MORNING** The November Coffee Morning will be held at Rosemary Wilson's house, High Auchensail Farm, Cardross, Dumbarton G82 5HN at 10:30am on Thursday 4<sup>th</sup> November. Tel: 01389 841297.

The December Coffee Morning will be held at Marion and Michael Blakes' house, Dalfruin, 1 West Montrose Street, Helensburgh G84 9NE at 10:30am on Thursday 2<sup>nd</sup> December. Tel: 673960.

*Maureen Kyle*

**MOTHERS' UNION** branch will meet in the Church Hall on Thursday 11<sup>th</sup> November at 10.30am and on Thursday 9<sup>th</sup> December at the same time.

*Richard Horrell*

**RAMBLING CLUB** will meet on Thursday 18<sup>th</sup> November at 9:30am at St. Michael's Church for a walk in Balloch; on Saturday 4<sup>th</sup> December (to be confirmed) at 9:30am at St. Michael's for a pre-Christmas Pub Walk in Gartmore; and Walk off the Turkey between 27<sup>th</sup> and 29<sup>th</sup> December, all details to be confirmed. (see notices)

**EXERCISE CLASSES** will continue Wednesday mornings at 11am in the Upper Hall

*Anna Ind*

**JEAN'S BOTHY** I sent a cheque for £133.15 to Jean's Bothy (now ENABLE Scotland) on behalf of the congregation and had a nice thank you email from them.

*Janina Duncan*

## News

The Diocese is holding an Advent Quiet Day by zoom, this year. Please see page 16. This month we have a detail of an Orthodox image of the Madonna and Child for the cover of our magazine to celebrate the coming of Christ in the Christmas season.

*Richard Smith, Editor*

## Vestry Report

The Vestry met on 31st August and started with an opening prayer.

**RECTOR'S REMARKS: ST MICHAELS CHURCH.** The Rector reported the recommencement of Choral Evensong from 5th September. As an experiment the plan is for Choral Evensong first Sunday and Compline on the 3rd Sunday. Mothers Union (MU) meetings have resumed in the upper hall. The diocese is looking for new MU office bearers - volunteers welcome. Our new hymn books were successfully introduced and seem to have gone down well. We have been most fortunate to have such talented organists at St Michaels. We have lost Barbara Wenborn - whose retirement was appropriately marked - but in addition to Andrew Lockhart continuing as our lead organist we now have Stephen Adam and Duncan Williams on our organist roster.

**OTHER CHURCHES.** The final service at St Mungo's Alexandria was sympathetically led by the Bishop. The church is now deconsecrated. It looks unlikely Revd Tina Kemp will be replaced at Helensburgh Parish church. The future of Rhu parish church looks uncertain. The troubles in the diocese of Aberdeen & Orkney continue and we should all pray for an equitable resolution to the dispute.

**SEC GOVERNANCE.** Richard Smith announced his retirement as Alternate Lay Representative; we will seek a volunteer to replace him at the AGM (5th December). The role of the Diocesan Council, the changes to the NW Regional Council and their relationship with Synod was discussed. It was suggested that a simple explanation of SEC governance in The Messenger might help the congregation to understand how lay volunteers can contribute to the running of the SEC.

**EASING OF PANDEMIC RESTRICTIONS:** With Scottish Govt restrictions set at 'beyond level 0' the Vestry agreed that we should not become complacent.

It was decided to:

- Continue to be vigilant and cautious.

## Vestry Report (continued)

- Maintain precautions (mandatory face coverings for congregation, recording of attendance, encouraging hand sanitisation, regular cleaning of 'hand touch points').
- Although alternate pews are no longer out of use, congregation encouraged to observe sensible social distancing.
- Refreshments available after the service with 'table service' no longer a requirement.
- Church to be re-opened for private prayer.

**FINANCIAL:** The financial year ended on 31st August.

**BANK BALANCES:** Premium a/c: £40,017 Current a/c: £10,628

**INCOME:** Income from our investments over the year came to £2,581. We have received a £500 donation towards the organ from Jan Hardie. There is news of a £25,000 bequest from Rosemary Rose.

**SIGNIFICANT EXPENDITURE:** The stonework repair by ABS Masonry in the SW corner of the church cost £1600.

**PROPERTY MATTERS:** The water heater in the old kitchen has failed. Repair would cost £300, replacement £700. Having discussed the Rosemary Rose bequest which might appropriately be spent improving the creche area (Rosemary Rose was very involved in the creche), it was agreed that the scope of a creche area improvement project be explored, to include refurbishment of the kitchen space. Mark Duncan has kindly agreed to prepare plans for the internal work. Repair/replacement of the old kitchen water heater is therefore deferred. The external causes of the damp problem in the creche area are subject to a separate investigation. The Upper Hall area will be redecorated in late October at an anticipated cost of £5,500. The stonework in the SW corner has been repaired using a Historic Scotland approved lime mortar mix and is looking good. There have been no further plaster ceiling falls in the church building. From a check of church records such falls have been very rare, but plasterwork has been checked nonetheless and found to be sound. A water leak in the downstairs toilet has been fixed.

## Vestry Report (continued)

**SAFEGUARDING:** There were no safeguarding issues to report.

**ECO CONGREGATION:** Richard Horrell delivered an appreciation of where St Michaels stands regarding 'Eco Congregation', reminding the Vestry that Synod had declared that responding to climate change by making changes is SEC policy. We hold an Eco Congregation Bronze Award and we should consider moving towards qualifying for a Silver Award. A discussion took place based on the SEC '10 points of guidance' on what more St Michaels might do, noting that we should give ourselves some credit for measures already in place (eg church heating reduced to minimum, use of fair trade products, recycling procedures and reduced waste). It was agreed that St Michaels should:

- Implement energy saving and improved insulation in our buildings whenever practicable.
- Investigate what we need to do to qualify for Eco Congregation Silver Award.
- Support COP26 by advertising for volunteers amongst the congregation to offer accommodation to delegates.

**AOCB: CLERGY TIME OFF.** General Synod had directed that Clergy/Vestries should have a discussion regarding Clergy having 2 days off per week. A discussion therefore took place. The Rector currently takes Monday off and said that he was not enthusiastic about taking an additional day. Ministry is a vocation and not just a job. The idea behind giving clergy 2 days off is in response to concerns regarding mental well-being. The Rector opined that the initiative represented increased secularization of the church. The Rector confirmed that he – and Anna – are comfortable with the current arrangement. In accepting and welcoming this the Vestry recorded their appreciation of the work of both Rector and Lay Reader, noting that this includes the strong support of their families. The Vestry also agreed the importance of both the Rector and Lay Reader having a proper break by taking their holidays.

**MALAWI.** Positive progress with the Lingadze Sports Academy project had been reported. The project, which includes the 'Helensburgh House' staff

## Vestry Report (continued)

room to which Helensburgh Rotary and St Michaels contributed, nears completion.

10.0 DONM: Tuesday 16th November (adopt accounts); Sunday 6th December AGM

The meeting closed with the Grace.

*Nick Davies, Vestry Secretary*



Mothers' Union will meet on **Thursday 11th November** in the Church Hall to discuss how this branch will support the 'Mothers' Union No More 1 in 3 Protest'. 1 in 3 women around the world experience physical or sexual violence. On our Global Day of Action in 2020, Mothers' Union and our members around the world raised our voices to say this must end now. We are now moving from 16 Days of Activism to 365 Days of Activism. We support women, men, children and young people, and families in all their forms to eliminate gender-based violence and abuse, to promote equality, to help build healthy relationships, and to support women in the key role they have in building communities and bringing peace and reconciliation.

In December we will meet in the Church Hall on **Thursday 9th December** when we plan to have mince pies and mulled wine and maybe a carol or two.



METAMORPHOSIS. We are committed to working with and through the Church in local mission and community engagement. Metamorphosis offers the opportunity for creative, community led, prayerful engagement.



### 16 DAYS OF ACTIVISM AGAINST GENDER BASED VIOLENCE: GLOBAL

Mothers' Union campaigns around the world, through our 4 million members in 84 countries, for an end to gender-based violence – violence carried out most often against women and girls because of their gender



### MOTHERS' UNION AND UNITED NATIONS COMMISSION ON THE STATUS OF WOMEN (UNCSW)

Global Advocacy to Raise the Status of Women and Eliminate Discrimination: Mothers' Union and UNC SW

*Richard Horrell, Branch Leader*

[MU@stmichaelhelensburgh.org.uk](mailto:MU@stmichaelhelensburgh.org.uk)



### WHOSE LAND IS IT? TO WHOM DOES THE PLANET EARTH BELONG?

God created it and we are custodians of it, no person can truly lay claim to the whole Earth though many try to be in charge. For generations we have been abusing our earth. Our amazing scientists have put satellites into the stratosphere and have been sending back years of photos recording what has been happening to the lands, forests and oceans. They have been warning us for years about the destruction of the planet. Who has been listening? It is only since the 1940s that some people have really listened and not taking in what dire straits we now face. The devastation which we humans have wreaked upon our home, God's creation. This last two years we have seen icebergs of immense size breaking away from Antarctica and in the Arctic worrying loss of sea ice. Glaciers in the Himalayas diminishing at an alarming rate. The great rivers which flow from them provide water for one fifth of the world's population ie, billions of humans who live in the Indian sub-continent. There have been greater more powerful cyclones and hurricanes which are exacerbated by the warming of the oceans. Heavier rainfalls in Europe such as in Germany this summer and in China there have been excessive rainfalls this month causing many coal mines to be flooded with large loss of lives, land slips with villages being buried under mud. Each incident a tragedy to someone's family our neighbours in the world. We have permitted the destruction of forests in the Amazon, witnessed the huge forest fires in America and pollute our seas by the runoff of nitrogen from fertilisers used to increase the output from our farms. Plastic pollution continues apace where will it end.

In the meantime, one of British peoples main concern this year was to have a holiday abroad. We continue to expect to fly off to holidays in the sun perhaps to the Maldives which will probably not exist in a few years' time due to rising sea levels, but they do not consider the impact their flight will have on the CO2 levels which is a major contributor to Global warming.

What can we as a congregation do to attempt to slow down the CO2 levels? Reduce waste, recycle as much as possible and turn our thermostats down a few degrees. Every little action helps.



A few quotes:

**NATIVE AMERICANS.** We will be known forever for the tracks we leave, we must protect the forests for those who cannot speak for themselves such as the birds, animals, fish and trees. Take only what you need and leave the land as you found it.

**THE DALAI LLAMA XIV.** The world grows smaller and smaller, more interdependent, life must be characterised by a sense of universal responsibility not only nation to nation and human to human but to all other forms of life.

**ST. FRANCIS OF ASSISI.** "God requires that we assist the animals when they need our help. Each being (human or creature) has the same right of protection."

*Margaret Horrell*

## **Sidesmen for evening and Christmas services**

Now that Sunday evening services are restarting, we are looking for a Sidesman for Evensong and Compline and also for some other special services in the run-up to Christmas. This would simply involve ensuring that service sheets and hymn books are available and greeting people as they enter.

The services for the rest of 2021 are:

- Tuesday 2<sup>nd</sup> November (7:30pm) All Souls' Eucharist
- Sunday 7<sup>th</sup> November (6:30pm) Choral Evensong
- Sunday 21<sup>st</sup> November (7:30pm) Compline
- Sunday 28<sup>th</sup> November (5:00pm) Advent Carol Service
- Sunday 19<sup>th</sup> December (6:30pm) 9 Lessons & Carols
- Friday 24<sup>th</sup> December (11:00pm) Christmas Night
- Saturday 25<sup>th</sup> December (10:30am) Christmas morning family service

After these services we wish to form a rota for Evensong at 6:30pm on the first Sunday of each month and Compline at 7:30pm on the third Sunday in 2022. Please contact Chris Sanders on 678028 or [sanders94@btinternet.com](mailto:sanders94@btinternet.com) if you are able to help with the services this year and if you could be part of the rota for next year. Your help would be very much appreciated.

*Chris Sanders*

# CALENDAR FOR NOVEMBER

## NOVEMBER

### ***Tuesday 2<sup>nd</sup> November – All Souls' Day***

7:30pm Sung Eucharist (1982 Rite)

### ***Wednesday 3<sup>rd</sup> November***

11:00am Exercise classes in Upper Hall  
(weekly throughout month)

### ***Thursday 4<sup>th</sup> November***

10:30am Monthly Coffee Morning at  
Rosemary Wilson's House

### ***Sunday 7<sup>th</sup> November – Third Sunday before Advent***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments  
10:30-11:15am Young Church  
6:30pm Prayer Book Choral Evensong

### ***Tuesday 9<sup>th</sup> November – Feast-day of George Hay Forbes, Priest, 1875***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

### ***Thursday 11<sup>th</sup> November***

10:30am Mothers' Union

### ***Sunday 14<sup>th</sup> November – Remembrance***

#### ***Sunday***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments  
10:30-11:15am Young Church

### ***Tuesday 16<sup>th</sup> November – Feast-day of Margaret of Scotland, 1098***

10:30-11: Said Eucharist (1982 rite)  
followed by refreshments

7:30pm Vestry Meeting

### ***Thursday 18<sup>th</sup> November***

09:30am Rambling Club - Balloch Circular  
Route

### ***Sunday 21<sup>st</sup> November – Christ the King***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments

10:30-11:15am Young Church

7:30pm Compline

### ***Tuesday 23<sup>rd</sup> November – Feast-day of Clement of Rome, Bishop and Martyr, c100***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

### ***Sunday 28<sup>th</sup> November – ADVENT START OF YEAR C***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments  
10:30-11:15am Young Church  
6:30pm Advent Carol Service

### ***Tuesday 30<sup>th</sup> November – Feast-day of Andrew, Apostle, Patron of Scotland***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

\*Change of Timing\*

# /DECEMBER 2021

## DECEMBER

### ***Wednesday 1<sup>st</sup> December***

11:00am Exercise classes in Upper Hall  
(weekly until Wednesday 22<sup>nd</sup>)

### ***Thursday 2<sup>nd</sup> December***

10:30am Monthly Coffee Morning at  
Marion and Michael Blakes' House

### ***Friday 3<sup>rd</sup> December***

9:30am Rambling Club Christmas Pub  
Walk (to be confirmed)

### ***Sunday 5<sup>th</sup> December – Second Sunday of Advent***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments and the  
**Annual General Meeting of the Church**  
10:30-11:15am Young Church  
6:30pm Prayer Book Choral Evensong

### ***Tuesday 7<sup>th</sup> December – Feast-day of Ambrose of Milan, Bishop and Teacher of the Faith, 397***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

### ***Thursday 9<sup>th</sup> December***

10:30am Mothers' Union Carols and  
Mince Pies

### ***Sunday 12<sup>th</sup> December – Third Sunday of Advent***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments  
10:30-11:15am Young Church

### ***Tuesday 14<sup>th</sup> December – Feast-day of John of the Cross, Priest Teacher of the Faith, 1591***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

### ***Sunday 19<sup>th</sup> December – Fourth Sunday of Advent***

10:30-11:30am Sung Eucharist (1982  
Rite) followed by refreshments

10:30-11:15am Young Church

6:30pm Service of Nine Lessons and  
Carols

### ***Tuesday 21<sup>st</sup> December – Feast-day of Thomas, Apostle***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

### ***Friday 24<sup>th</sup> December – Christmas Eve***

11:00pm Eucharist for Christmas Night

### ***Saturday 25<sup>th</sup> December – CHRISTMAS DAY***

10:30am Family Eucharist

### ***Sunday 26<sup>th</sup> December – Feast-day of Stephen, Deacon and Martyr***

10:30-11:30am Said Eucharist (1982 rite)  
followed by refreshments

10:30-11:15am Young Church

### ***Tuesday 28<sup>th</sup> December – The Holy Innocents***

\*No Eucharist \*

\*Change of Timing\*



## COP26 GLOBAL DAY OF ACTION



Join the Global Day of Action on **6<sup>th</sup> November** in Glasgow and unite for climate justice. The UN climate talks, COP26, are just around the corner. In just 18 days, world leaders will gather in Glasgow to discuss how to tackle the climate crisis.

This will be a significant moment in the fight for climate justice and a unique opportunity for us to put pressure on decision makers. Now is the time to act, to make our voices heard and to stand in solidarity with those on the front lines experiencing the most devastating impacts of the climate crisis. On 6 November people around the world will be marching through major cities, gathering in their local communities and uniting for climate justice.

In Glasgow, marchers will assemble at 12pm at Kelvingrove Park, before walking to Glasgow Green for a rally at 3pm. Find out more, including how to meet up with other Christian Aid supporters before the march and collect placards. If you can't join the march in Glasgow, check out these other ways you can join in on 6 November.

*Sally Foster-Fulton  
Head of Scotland, Christian Aid*

## ST MICHAEL'S RAMBLING CLUB

### WALKS 2021

The STM Walking Group Committee are so pleased to report that as a group, to date, we have been able to complete two very enjoyable walks!

Our first took place on Friday 17<sup>th</sup> September 2021 when 17 of us gathered on a rather damp day to amble around the Helensburgh Reservoirs, with some



members including the old Skating Pond as well. It was amazing to learn that several people hadn't tried this local walk before and were pleasantly surprised with the gentle challenges. Having met in the Hill House

car park, we finished the walk with a well-earned hot drink and cake at the Hill House Café, upper outside level. All agreed that it was great to be back.

The second walk was around Cashel on the eastern side of Loch Lomond, just past Balmaha on Thursday 31<sup>st</sup> September 2021, which was forecast to be wet, but it was actually quite warm as well. Undeterred, 14 of us met at STM and made suitable car sharing arrangements before heading off. All the facilities at Cashel are excellent; good parking and a visitor centre with toilets – well worth the £3.00 parking fee. Despite the rain, it was lovely walking uphill through the woods (although quite strenuous in places) and catching a glimpse of the wonderful views across the Loch when there was a gap between the trees. Lunch was fairly quick as we ate and drank with our hoods up sheltering from the rain, but spirits were as high as ever - maybe this was because we knew that the Drymen Inn was our final stop for tea and scones and it didn't disappoint.

Thank you to everyone for your support and it was really enjoyable to be walking together again.

Please contact one of the Committee if you would like to be included on our email list. The proposed schedule until January 2022 is detailed below, although, some of the dates are 'To be confirmed – TBC' and where this is the case everyone on

## ST MICHAEL'S RAMBLING CLUB

(continued)



the email list will be forwarded the final details. We will endeavour to promulgate the details on the St Michael's Website and on the Sunday Notices.

Walk/Event	Date	Meeting Point and Time
Boden Boo in the Erskine area	Thursday 28th October 2021	St. Michael's at 0930
Balloch Circular - several options to be agreed on the recce	Thursday 18th November 2021	St. Michael's at 0930
Gartmore pre-Christmas Pub walk - Proposed pub Black Bull - Walk TBC on recce	Thursday 2nd/Friday 3rd or Saturday 4th December 2021	St. Michael's at 0930
Walk off the Turkey – very local TBC	Monday 27th/Tuesday 28th or Wednesday 29th December 2022	TBC
Post-Christmas Dinner at the Commodore Hotel	Friday 14th January 2022	Commodore at 1900 – 1930 Short walk in the morning - TBC

The STM Walking Group Committee:

Pete Ashton - [pashton19@outlook.com](mailto:pashton19@outlook.com) - 07749 820789

Julia Gourd - [jfg20@outlook.com](mailto:jfg20@outlook.com) - 07742 397251

Geoff Mason - [geoffmasonry@outlook.com](mailto:geoffmasonry@outlook.com) - 07527 398319

Gerry Quickfall - [trevgerry@talktalk.net](mailto:trevgerry@talktalk.net) - 07870 681363

*Gerry Quickfall*

## The Beacon Trust

What better way to illustrate our mission than the first-hand experience of Clive Charters who has worked hard for the last three years carrying out the work of the Trust.

"I had no idea just what great practical outcomes Beacon Trust achieved before I joined them as part of the team".

"About once a month Carr Gomm, who are the agency for Argyle and Bute Council as the Social Care Providers, refer a Helensburgh person in need to us".

"I had no idea just how many local people we at Beacon Trust would help in a practical way".

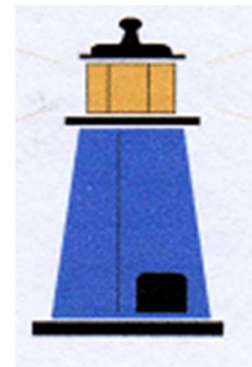
"On my first day (March 2018) we went to a flat in town where 18yr old single mother Charlotte\* and her 18mth daughter Emma\* had slept the last 3 nights on a pile of clothes in the corner of a quite literally floorboard bare empty room, they were so very grateful of our donations of a bed/duvet/pillows/sheets, armchair, rugs, kitchen utensils, fridge, cooker,(\*names changed) they had no support network at all, and the Universal credit takes some weeks to activate, we directed them to the FoodBank, and I gave them a WellBeing Pack gifted by the Parish Church".

"All these items had been given to us to help others less fortunate, I was just the Van Driver who actually carried the items up 4 flights of stairs and gave and accepted their heartfelt thanks, this has happened no end of times. The Christian witness of the 'God Van' driving around town delivering much needed items is well known in our community. And the financial support of the churches and individuals makes it all happen to help people who've fallen on very, very hard times".

"I'm so fortunate to be fit & healthy (and have a strong workmate, Ian Trotter) to be able to be at the sharp end of our Christian help."

"I was hungry and you fed me, I had no furniture and you kitted out my home" adjusting the biblical verse.

*Paul Allen, The Beacon Trust*



## House Communions

House Communions are suspended until further notice. Anyone unable to attend church for communion please contact the Rector.

United Diocese of Glasgow and Galloway  
Scottish Episcopal Church

# Advent Quiet Day

Saturday 11<sup>th</sup> December 2021  
10am–1pm, via Zoom

## God Has Visited His People

God visited Mary.  
God visited Joseph.  
God visits us.

Reflections on the challenges and joys of God  
visiting His people

Programme:

10am: Welcome and worship  
10.20am: God visited Mary  
11am: Break, including video, opportunity for quiet, refreshments  
11.30am: God visited Joseph  
12.10am: God visits us  
12.45am: Closing prayer

Everyone is welcome. The meeting details will be circulated nearer the time, but if you want to register or find out more, please email the Rev Les Ireland on [Les949@btinternet.com](mailto:Les949@btinternet.com) or phone 0141 776 3866.

## Angels in Disguise

Two angels sat watching from on high,  
One looked the other in the eye,  
And asked, "If you lived on earth for one day with me,  
What creature would you be?"

The second angel began to laugh,  
Exclaiming, "Don't be so terribly daft!  
Why isn't it obvious of course,  
I would spend that one day being a horse."

"For you see, horses are angels in disguise,  
Watching the world through their beautiful eyes.  
And when they see someone who has lost their way,  
They help them along with a nuzzle and a neigh."

"They pick you up when you are down,  
They take you cantering round and round.  
And if you give them your absolute best,  
They'll reward you with a cup or rosette."

"A horse's love is daring, brave and strong,  
Allowing you to form the deepest of bonds.  
With their steely hearts they never stop giving,  
Always reminding you that life is worth living."

"But all this requires a special place,  
Filled with the best people in the human race.  
For that's why if I was to live for just one day,  
I would be a horse at Omagh RDA."

*By Grace McSorley aged 15, Omagh Group RDA, Northern Ireland.*

## READERS' LIST – NOVEMBER/DECEMBER 2021

DATE	10:30am	6:30/7:30pm
7 Nov	Chris Packard	6:30pm Jill Braid
14 Nov	John Hanks	<i>No Service</i>
21 Nov	Rebecca Parry	7:30pm Csaba Barthos
28 Nov	Iona Gibson	<i>No Service</i>
5 Dec	Helen Gibson	6:30pm Aileen Cameron
12 Dec	Jeannette Scobie	<i>No Service</i>
19 Dec	Jane Taylor	7:30pm John Sadden
24 Dec	No service	11pm To be announced
25 Dec	To be announced	<i>No Service</i>
26 Dec	James Ashby	<i>No Service</i>

## Helensburgh and Lomond Foodbank

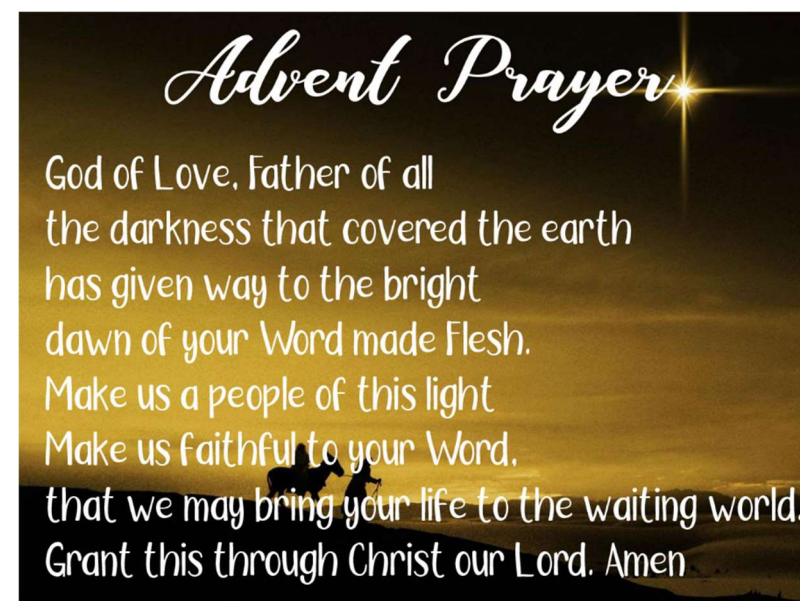
Prior to the pandemic, St Michael's acted as a collection point for food donations members of the congregation could make to Helensburgh and Lomond Foodbank. With the Church now opening up more, this collection process has now resumed for those wishing to donate items by this means. The collection box is in the same position, at the back of the Church near the baptismal font. All tinned and packaged food, provided it is in date and not opened, will be welcomed, but the Foodbank cannot accept fresh food for obvious reasons. A list of particular items currently required is posted on the notice board at the back of the Church and at the collection box and will be updated as need changes.



David Sheen

## SIDESPERSONS' ROTA - 7<sup>th</sup> November 2021 – 2<sup>nd</sup> January 2022

DATE		10:30am	
2021	7 November	Chris Packard	Ann Packard
	14 November	Chris Sanders	Linda Sanders
	21 November	Gerry Quickfall	Alex Laing
	28 November	James Ashby	Sue Ashby
	5 December	David Sheen	Barbara Hoey
	12 December	Brian Kyle	Maureen Kyle
	19 December	Nick Parry	Carol Parry
2021	26 December	Chris Packard	Ann Packard
2022	2 January	Chris Sanders	Linda Sanders



## LECTIONARY – NOVEMBER/DECEMBER 2021

Sunday	Eucharist (NRSV)	Evensong (NRSV)
7 November 3 <sup>rd</sup> before Advent	Jonah 3.1-5,10 Psalm 62.5-12 Hebrews 9.24-28 Mark 1.14-20	6:30pm Trinity 24 Psalms 129, 130, 131 Malachi 3.13-4.6 Luke 19.1-28
14 November Remembrance Sunday	Job 19.21-27 Psalm 90:1-6,13-17 1 Corinthians 15.51-57 John 6.37-40	
21 November Christ the King	Daniel 7.9-10,13-14 Psalm 93 - Revelation 1.4b-8 John 18.33-37	7:30pm Compline
28 November Advent Start of Year C	Jeremiah 33.14-16 Psalm 25.1-9 1 Thessalonians 3.9-13 Luke 21.25-36	
5 December Advent 2	Baruch 5.1-9 Benedictus (Luke 1.68-79) Philippians 1.3-11 Luke 3.1-6	6:30pm Advent 2 Psalms 25, 26 Isaiah 14.3-23 Luke 17.20-18.8
12 December Advent 3 (Gaudete)	Zephaniah 3.14-20 Canticle: Isaiah 12.2-6 Philippians 4.4-7 - Luke 3.7-18	
19 December Advent 4	Micah 5.2-5a Magnificat (Luke 1.47-55) Hebrews 10.5-10 Luke 1.39-45	7:30pm Compline
24 December Christmas Eve	11:00pm Christmas Night Service as Liturgy Books	
25 December Christmas Day	Isaiah 52.7-10 Psalm 98 - Hebrews 1.1-4 John 1.1-14	
26 December St Stephen	Acts 7:51-60 Psalm 119.161-168 Galatians 2.16b-20 Matthew 10:17-22	



### Service Details

#### **Sunday**

8:30am Said Eucharist (1970 Rite)  
(To be resumed in Lent 2022)

10:30am Sung Eucharist (1982 Rite) followed by refreshments  
*Crèche and Young Church*

6:30pm Prayer Book Choral Evensong on the 1<sup>st</sup> Sunday in the month  
7:30pm Compline on the 3<sup>rd</sup> Sunday in the month

#### **Tuesdays**

10:30am Said Eucharist (1982 Rite) followed by refreshments

For dates of services please see Diary (Page 10) inside

